

## “Improv Art Quilt Design” Workshop – Supply List

**Instructor:** Jen Houlden  
**Date:** May 27, 2017  
**Time:** 10:00 AM – 4:00 PM  
**Location:** Maki House, 19 Leeming Drive, Nepean

### General Information:

- Please arrive 10 – 15 minutes early to set up your work station.
- Please bring a task light if you feel you need it.
- Please bring a coffee mug.
- Bring your lunch and a snack. We provide tea and coffee.

### Supply List

This is a fun class to get your creative juices flowing. You will make a small improv art quilt, learn new techniques, think outside the box and see what can be done with fabric and embellishments. I will be teaching different techniques such as couching, texture magic, curved piecing, thread play, applique and much more, as well taking you through the design process step by step to create your mini art quilt.

Bring enough supplies to make a 20 x 20 piece or smaller - it is up to you what size you want to make - some of us would rather work a bit larger than small while others like to work small - the smallest I recommend working is 8 x 10 and the largest is 20 x 20 for this class.

### Choosing fabrics

This is one of the hardest tasks to do for a course - even I struggle when I take a class on what fabrics to bring along, how much, what colours, etc.

For this class I suggest picking a colour scheme to work with such as:

- a complementary colour scheme (2 colours directly across from each other on the colour wheel) like blue & orange or yellow & purple or red & green
- a triadic colour scheme (3 colours that make up a equilateral triangle on the colour wheel) like red, blue & yellow or green, orange & purple
- colours that you just like - maybe go with a room in your house or your favourite colours

Make sure to have a variety of values of each colour you choose ranging from light to dark so that there will be contrast in your work. Add in some neutrals to the mix - black, grey, white or even cream

**Fat quarters for background** - at least 2 fabrics, more can be used

- these fabrics can either coordinate and blend together for a nice subtle background or contrast for a bolder background
- you may wish to combine a neutral with the colours to create the background
- a FQ will ensure you have enough especially if you wish to put a border or binding on the piece

**Wide variety of fabric**

- in the colours you have chosen, with different values, textures & designs
- a fat eighth is a good size - these will be used for applique and other fun things
- you are not limited to cotton fabrics

**Note:** You can mix all kinds of fabrics together – you don't have to stick to just quilting cottons – silks, upholstery fabrics, velvets, etc. All make for some interesting texture.

**Thread** - cotton, rayon, variegated, polyester in colours to match the piece for quilting and decorative stitching – I recommend bringing a good variety.

**Backing Fabric** - 24 inch square piece of cotton

**Batting** - 24 inch square piece of low loft batting such as 100% cotton

**Basic Sewing Supplies**

- Pins - straight and safety pins for basting
- Scissors - fabric & paper
- Seam ripper
- Neutral thread for piecing
- Sewing machine with manual, power cords and foot pedal
- Quarter inch foot
- Open toed embroidery foot if you have one or one that will do a zigzag
- Walking foot
- Free motion foot
- Gloves for free motion
- Parchment paper or Teflon sheet for applique
- Rotary cutter, rulers and mat

## ***Embellishment Kit - \$10 fee***

**Note: you can purchase this kit from me at class or bring your own of the items below - I will have a wide variety of yarns, buttons, ribbons and beads to choose from**

**Fusible Web** - one with a paper backing is recommended such as Steam-a-Seam, WonderUnder, Soft Fuse - 0.25 m

**Embellishments** - ribbon, yarn for couching, buttons, beads, embroidery threads, other bits and pieces that you may want to embellish with

**Fusible Interfacing** - non-woven, has a paper-like feel to it with one side being adhesive - light to medium weight - Heat-n-Bond, Sulky or Pellon each make a product - 0.25 m

**Texture Magic** - if you wish to try creating a textured piece of fabric - Superior threads makes Texture Magic, Unique has a product called Stitch-n-Steam and there is one called Fabric Magic

**Wash-Away Stabilizer** - used for thread play