

“Colour Vie Leaf Prints” Workshop – Supply List

Instructor: Beth Cameron (camerlot@sympatico.ca)
Date: May 28, 2016
Time: 10:00 AM – 4:00 PM
Location: Maki House, 19 Leeming Drive, Nepean

General Information:

- Please arrive 10 – 15 minutes early to set up your work station.
- Please bring a task light if you feel you need it.
- Please bring a coffee mug.
- Bring your lunch and a snack. We provide tea and coffee.

In this class we will spend the day making leaf prints which will be ready to put into any project of your choice. We will use a pigment system called **Colour Vie**. The paints will be included in the kit fee for this class and information will be provided if you wish to later purchase your own supplies.

KIT FEE: \$15.00 for dyes and other incidentals

SUPPLY LIST:

- Prepared for dyeing (PFD) fabric (see 3rd page for additional information) - I used a white batik, but any cotton fabric will work - see instructions following on how to prepare your fabric. Some fabrics come already prepared for dyeing - ask your shop owner. You can use beige or light coloured background fabric for your prints but the print is going to take on some colour from the background fabric due to the transparent quality of the pigments (although this may be what you want). I would also suggest that you bring some scrap fabric for experimenting and/or extra blocks of the sizes you are working with just in case pieces do not turn out as anticipated. The quantity will depend on the project you have in mind (see below). For the quilt I would recommend 1.5 m of PFD fabric. It is anticipated that you would get enough prints done in the one day to make a quilt.
- Additional fabric if making quilt (although you will not need these on the day of the printing and could decide on these after:
 - o .5 m for sashing (cut at 1 $\frac{1}{4}$ ")
 - o .5 m for binding (7 strips cut at 2 $\frac{1}{2}$ ") you might consider using the same as for sashing
 - o 1.75 m for borders
- Brush (sponge or paint) - I used 1" foam brushes from the Dollar Store. - used for applying dye to leaves
- 1 fine brush if you have it to maybe add detail or a stem. I will have one to borrow if you need it
- A roll of paper towel - preferably white
- Some clothes pegs if you have them (a dozen should do) - I have extras and will bring them if you need them

- If you have a clothes horse that is easily transported you could bring it. I have managed to acquire several that we can share.
- Wear old clothes that you do not mind if you get some dye on them - or bring an apron (if you are as messy as I am)
- A selection of leaves in different shapes and sizes (make sure they have good veins on the back and are not brittle). Maple leaves are usually good. I would suggest picking the leaves in the morning before the class so they do not dry out overnight. Bring extras to share.

CLASS PREPARATION:

- Precut your block sizes that you plan to use. You can use any pattern you choose with a large center block. I would suggest maybe cutting your blocks slightly bigger (approx. 1") and trimming them up later to the correct size. It is a little easier to centre the design by trimming after, but this is entirely up to you.
 - o For the placemats I ended with 11" finished. In hindsight I would maybe try for 10" finished
 - o For the quilt which finished at approx. 60 x 70" I used the following in the design. I will handout my layout directions in class. (note I added an extra inch to the following when cutting - you do not have to - your choice)
 - 15 blocks cut at 7" square
 - 1 block cut at 11 x 19"
 - 2 blocks cut at 5" square
 - 2 blocks cut at 5 x 9"
 - o Don't forget to cut extras and/or cut some practice pieces

Preparing your fabric for Printing or Dyeing *BIG Tip Alert*

May 29, 2009

Don't do this step and you risk RUINING your end product.

You may have never thought about this step but its' absolutely crucial to a good finished product if you are dyeing or printing fabric. I have in the past tried to get away without doing this and sadly when it comes time to wash my product for the first time the pigment washes out in spots or fades unevenly. This is because all new fabric has been treated with sizing and finishes before it gets to you. You need to wash your fabric in order to get this sizing off otherwise it can and most likely will resist the pigment bond or cause your dyes to unevenly penetrate the fabric. There are two ways to get rid of the sizing in fabric, the official 'right way' and then the way that most of us do it. You can do it either way but the 'right way' usually requires a large studio where you have a access to large pot to wash the fabric in. I don't, so I prepare my fabric in my washing machine.

You can buy ready to print fabric and some printers do but it costs more and generally only comes in white or natural colours. But if you don't have a place to wash out your fabric or the time (and time is money!) then it's another option. Fabric.com offers a dye ready fabric called KONA Ready Dye White at a decent price. So check that out as an option too.

The Right Way to Prepare your Fabric:

Boil material for 30-45 minutes in a solution containing 3 teaspoons Lissapol (soap) per 8 litres of water. Raise the temperature to 76 degrees Celsius. (40 degrees maximum for silk and wool).

Remove the fabric from the bath and rinse carefully and dry. It's a good idea to iron it out while it is still a bit damp.

My Way of Preparing My Fabric:

Wash in your washing machine in hot water with a detergent that is free from dyes, perfumes, and softeners. Repeat with one more washing then dry in your dryer. Removing fabric when it's still a bit damp and press it.

BIG TIP: Sew the edges of your fabric before you wash it. You can use a simple straight stitch. This will avoid massive fraying and tangling of your fabric. It can be quite a task to sew the edge of multiple meters of fabric but trust me it's far better than trying to untangle 20 m of fabric.

FROM: <http://www.printcutsew.com/1461/preparing-your-fabric-for-printing-or-dyeing-big-tip-alert/>